

School Dance Styles

Ecole de Danse

BEST FRIEND

Count : 32 Wall : 4 Level : Intermédiate

Choréographe : Guy Dubé José Miguel Belloque Vane (01/2018)

Music : Best friend Sofi Tukker

Intro : 32 counts.- No tag, no restart.

[1-8] 2X (KICK, TOGETHER), STEP FWD, HEELS SWIVEL, RECOVER, SYNCOPATED HALF JAZZ-BOX, FLICK, STEPFWD, HEELS SWIVEL, RECOVER

1& Kick R forward, step R together L

2& Kick L forward, step L together R

3&4 Step R forward, heels swivel to right, return to center

5&6 Cross R over L, step L back, step R to side

&7 Flick L back/outside, step L forward

&8 Heels swivel to left, return to center

[9-16] COASTER STEP, LOCK STEP, STOMP, 3X (HEEL BOUNCE) in 1/4 TURN L, SAILOR STEP

1&2 Step L back, step R together, step L forward

&3-4 Cross R behind L, step L forward, stomp R forward

5&6 3 bounces heels on the floor in 1/4 turn to left

7&8 Cross L behind R, step R to side, step L lightly forward diagonally to left

[17-24] CROSS, 1/4 TURN L and STEP FWD, 1/2 TURN L and STEP BACK, BEHIND-SIDE-CROSS, OUT-OUT, IN-IN, TOUCH and TOUCH

&1-2 Cross step R behind L, 1/4 turn to left and step L forward, 1/2 turn to left and step R back

3&4 Cross step L behind R, step R to side, cross step L over R

5&6& Step R to side, step L to side, step R return to center, step L return to center

7&8 Touch R to side, step R together L, touch L to side

[25-32] CROSS ROCK L OVER R, WEAVE to L ENDING with HITCH, 1/4 TURN L and STEP FWD, 1/2 TURN L and STEP BACK, SHUFFLE L in 1/2 TURN L

1-2 Cross rock step L over R, recover on R

&3&4 Step L to side, cross step R over L, step L to side, cross step R behind L with hitch L

5-6 1/4 turn to left and step L forward, 1/2 turn to left and step R back

7&8 Shuffle L,R,L in 1/2 turn to left

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.countryfriends83.fr